

(600-9a)

(Office Symbol)

(Date)

MEMORANDUM FOR Commander, MEDDAC

SUBJECT: Request for Medical Evaluation for Weight Control Program

1. _____ exceeds the weight for height table by _____ pounds and exceeds the body fat standards by _____ percent.
2. Request that a medical evaluation be conducted in view of the following:
 - () Soldier's profile.
 - () Pregnancy.
 - () Unit Commander's special request.
 - () Initiation of separation action (failure to make satisfactory progress in a Weight Control Program.)
 - () Within 6 months of ETS.

Commander

(600-9a) 1st End

(Office symbol)

Commander, MEDDAC

(Date)

FOR Commander,

1. In accordance with AR 600-9, _____ has been examined and found to be fit for participation in a Weight Control/Physical Exercise Program.
2. The cause of the overweight condition (is/is not) due to a medical condition.
3. The following action(s) is/are recommended:
 - () Initiation or continuation in a weight reduction program.
 - () Medical treatment for pathological medical disorder (refer RC soldiers to their personal physician for evaluation at their own expense).
 - () Refer soldier for nutrition education counseling in accordance with AR 600-9 (para 20b(1)).

Commander